





NSHM Annual Sports, Cultural & Food Fest

Inter college Volleyball Tournament Rules and Regulations

- 1. 10 players in a team including 4 substitutes for both men's and women's.
- 2. 3 sets of 15 points will be played.
- 3. Rotation rule will not be followed.
- 4. Each team jersey should be different from other teams.
- 5. Everybody should bring their own jersey sets and jersey number is compulsory.
- 6. The rules and regulations will be followed as per the Volleyball federation.
- 7. Each team member of the team required to carry college identity card and to be accompanied by at least one college official.
- 8. Reporting time is 30 minutes before starting the match.
- 9. Referee and committee decision will be strictly followed and is final.



Date & Time - 23rd and 24th Feb 2023

Venue - NSHM Volleyball Court

Contact Person - Prof. Jateen Baruah







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Inter college Badminton Tournament Rules and Regulations

- 1. BWF rules will be followed.
- 2. Proper sports outfit is compulsory.
- 3. Students need to carry their own racket.
- 4. Reporting time is 30 minutes before starting the match.
- 5. Maximum of two teams are allowed to participate (One Men and one Women team)
- 6. Each team jersey should be different from other teams.
- 7. Each team member of the team required to carry college identity card and to be accompanied by at least one college official.
- 8. Referee and committee decision will be strictly followed and is final.



Date & Time - 23rd and 24th Feb 2023

Venue - NSHM Indoor Sports Complex

Contact Person - Prof. Jateen Baruah,







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Inter college Kabaddi Tournament Rules and Regulations

- 1. AKFI rules will be followed
- 2. A team must consist of 10 members including substitution.
- 3. Each team member of the team required to carry college identity card and to be accompanied by at least one college official.
- 4. Maximum of two teams are allowed to participate (One men and one women team)
- 5. Each team jersey should be different from other teams.
- 6. Everybody should bring their own jersey sets and jersey number should be compulsory.
- 7. Reporting time is 30 minutes before starting the match.
- 8. Referee and committee decision will be strictly followed and is final.



Date & Time - 23rd and 24th Feb 2023

Venue - NSHM Ground

Contact Person - Prof. Jateen Baruah,







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Inter college Table Tennis Tournament Rules and Regulations

- 1. TTFI rules will be followed.
- 2. Proper sports outfit is compulsory.
- 3. Students need to carry their own racket.
- 4. Reporting time is 30 minutes before starting the match.
- 5. Maximum of two teams are allowed to participate (One men and one women team)
- 6. Each team jersey should be different from other teams.
- 7. Each team member of the team required to carry college identity card and to be accompanied by at least one college official.
- 8. Referee and committee decision will be strictly followed and is final.



Date & Time - 23rd and 24th Feb 2023

Venue - NSHM Indoor Sports Complex

Contact Person - Prof. Jateen Baruah,







NSHM Annual Sports, Cultural & Food Fest

Inter college Carrom Tournament Rules and Regulations

- 1. This game will be played with two players in a team.
- 2. The game will be decided with only 1 set.
- 3. Each team jersey should be different from other teams.
- 4. Proper sports outfit is compulsory.
- 5. Reporting time is 30 minutes before starting the match.
- 6. Each team member of the team required to carry college identity card and to be accompanied by at least one college official.
- 7. Referee and committee decision will be strictly followed and is final.



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